



## Personal development case study

**Cycle 1:** Machakos, Kenya

**Placement:** MASAKU SCHOOL FOR THE PHYSICALLY CHALLENGED

NAME: ESTHER NDETO NGUI

What a challenging moment.... A good experience after coping with my new sisters and brothers from uk and life in machakos the place to be. I arrived at Nairobi strand hotel from Mombasa where we meet the all team. For the first 2 days I was very quit because I don't know anyone. After one week I found everything easy because I could talk and share stories with my new friend, also I could also callevery one by their name.





After one week in strand uk counterparts arrived. It was very hard for me to communicate to them because they talked very fast. I dint take long I was used to their English we could even share stories. We have had 2 and a half amazing and fabulous months full of achievements, not forgetting the us and downs, frustrations and success. Working with team has taught me more in the two and half months than the previous 22yrs of my life.



I have been inspired by there by their motivation and relentless enthusiasm to make change even when change seems impossible I knew before success comes in any man's life he is sure to meet with much temporary defeats and perhaps working across culturally it seemed very challenging because we are brought up in different environment and different background

**Some of the everyday ways in which I have changed as a result of taking part in this programme;**

- ❖ **I feel like I have the essential skills of communication, organisation and presentation**
- ❖ **I have the ability to work independently with guidelines and clear expectations.**
- ❖ **The progress has built my confidence**
- ❖ **The progress has built my ability to work and live in a multidisciplinary and multicultural environment.**
- ❖ **I am in a good position to fight for my future and make it even brighter.**
- ❖ **Am in a good position to make a change to my own community**





### One memory from my experience that stands out...

As for me a memory that stands stands out most is one after noon on our way to town for lunch together with my counterpart Juliana, we meet this old lady standing beside the road. 'Mwacha' she said to us. We were like eeh..... looking at each other lucking to a word to say because we dint understand her. 'can we help you granny' I said to her. She told us that to help her carry the suck to the other side of the road. Whaaaa what heavy load..... how did she carry it Juliana asked me. Are you not from Machakos?' the leady asked us. What do you do in Machakos?' she continued. We explain to her all what we do and where we come from. She was very happy, she told us to work hard in life, and take every thing serious in life because chase comes only once in life time. By talk she was talked so educated lady but by look she looked like a mad lady this is because she was very duty. That's when I knew its not good to grudge a book by its cover. 'every human being who reaches the age of understanding of the purpose of many wishes for it. Wishing will never bring riches or success. But desiring riches or success with a state of mind that becomes an obsession then planning of mind that becomes an obsession then planning definite way and means toacquired riches and success and backing those plans with persistence which does not recognize failure, will bring rich or success. That's what the lady left us with..... She picked up her suck and said bye to us..... I will never forget those words from the old lady.....



